

# **PHYSICAL EDUCATION**

## **BACHELOR OF SCIENCE IN BIOLOGY--PHYSICAL EDUCATION**

### **INTRODUCTION**

This program is designed to prepare students to work in physical fitness or sports.

### **PROGRAM GOALS**

Upon completion of this program the student will be able to:

- Perform First Aid
- Officiate at basketball and baseball games
- Develop Recreation programs
- Conduct Physical Fitness programs
- Serve as a coach
- Exemplify servant leadership in their career and daily life

### **PROGRAM SUMMARY**

This four-year program gives students a broad introduction into the world of sport activities and physical fitness. A minimum of 126 semester hours is required for graduation.

**The degree requirements include a minimum of:**

**18 hours of Bible**

**12 hours of Theology**

**35 hours of Biology and Physical Education**

**9 hours of Electives**

**52 hours of General Core Courses**

**126 Hours**

**\*NOTE: The thirty (30) semester hours of Bible and Theology serve as a minor and not as a part of the professional degree.**

Integrated within program is a minimum of 50 semester hours of general education liberal arts subjects to provide a balanced background for operating in the world of physical fitness.

**PHYSICAL EDUCATION  
BACHELOR OF SCIENCE IN BIOLOGY--PHYSICAL EDUCATION  
(Required Courses)**

**FRESHMAN YEAR**

<b><u>FIRST SEMESTER</u></b>	<b>Credit Hours</b>
<b>ENG111</b> Freshman English I	3
<b>BIO111</b> Principles of Biology	4
<b>MTH101</b> College Mathematics	3
<b>HIS101</b> World History I	
or	
<b>HIS211</b> American History I	3
<b>REL101</b> Introduction to Biblical Studies I	3
<b>SAS100</b> Freshman Experience	<u>2</u>
<b>TOTAL</b>	<b>18</b>

<b><u>SECOND SEMESTER</u></b>	<b>Credit Hours</b>
<b>ENG112</b> Freshman English II	3
<b>CS100</b> Micro Computer Applications	3
<b>MTH111</b> College Algebra	3
<b>HIS102</b> World History II	
or	
<b>HIS212</b> American History II	3
<b>CE/REL200</b> Introduction to Procreant Servant Leadership	<u>3</u>
<b>TOTAL</b>	<b>15</b>

**SOPHOMORE YEAR**

<b><u>FIRST SEMESTER</u></b>	<b>Credit Hours</b>
<b>CHE111</b> General College Chemistry	<b>4</b>
<b>ENG121</b> Fundamentals of Communication	3
<b>CT 151</b> Christian Doctrine I	3
<b>SOC101</b> Introduction to Sociology	3
<b>REL103</b> Introduction to the Old Testament	<u>3</u>
<b>TOTAL</b>	<b>16</b>

<b><u>SECOND SEMESTER</u></b>	<b>Credit Hours</b>
<b>ENG201</b> American Literature	
<b>ENG202</b> African American Literature	
or	
<b>ENG205</b> English Literature	3
<b>ENG212</b> Creative Writing	3
<b>REL104</b> Introduction to the New Testament	3
<b>PSY101</b> Introduction to Psychology	3
<b>HPR201</b> Introduction to Physical Education	3
<b>CT 152</b> Christian Doctrine II	<u>3</u>
<b>TOTAL</b>	<b>18</b>

**BACHELOR OF SCIENCE IN BIOLOGY--PHYSICAL EDUCATION  
(Required Courses)**

**JUNIOR YEAR**

<b><u>FIRST SEMESTER</u></b>	<b>Credit Hours</b>
Biblical Requirement	3
<b>BIO201</b> Human Anatomy & Physiology I	4
<b>HPR224</b> Community Health	3
<b>HPR211</b> Basketball, Volleyball, Baseball & Softball	3
<b>HPR333</b> Community Recreation	<u>3</u>
<b>TOTAL</b>	<b>16</b>

<b><u>SECOND SEMESTER</u></b>	<b>Credit Hours</b>
Biblical Requirement	3
Theology Requirement	3
<b>HPR433</b> <b>Kinesiology</b>	<b>3</b>
<b>BIO222</b> Human Anatomy & Physiology II	4
<b>HPR408</b> First Aid & Safety	<u>3</u>
<b>TOTAL</b>	<b>16</b>

**SENIOR YEAR**

<b><u>FIRST SEMESTER</u></b>	<b>Credit Hours</b>
Electives Humanities or Social Sciences	3
<b>MUS101</b> Music Appreciation	
or	
<b>ART101</b> Art Appreciation	
or	
<b>ART100</b> Survey of Fine Arts	3
<b>HPR436</b> Physiology of Exercise & Muscular Activity	3
<b>HPR300</b> Alcohol & Drug	3
<b>HPR332</b> Adapted Physical Education for Special Population	<u>3</u>
<b>TOTAL</b>	<b>15</b>

<b><u>SECOND SEMESTER</u></b>	<b>Credit Hours</b>
Theology Requirement	3
<b>HPR431</b> Coaching & Officiating Major Sports	3
Elective Humanities	3
Electives Social Science or Biology	<u>3</u>
<b>TOTAL</b>	<b>12</b>